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**What have they achieved?**

A number of MetLife employees are now using the end of trip facilities. Metlife will continue to work with the program to further encourage staff to make smart Travel Choices which are of benefit to them and help to address congestion.

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**Objective:**

In the short time MetLife has been part of the Travel Choices program, they have promoted several new initiatives to support staff health and wellbeing.

**Best practice:**

MetLife supports smarter travel behaviour amongst staff through the encouragement of more active and sustainable travel methods and the uptake of flexible working.

**How did they do it?**

By providing services like showers and changing rooms in addition to bicycle parking, staff have the option to choose alternative travel methods knowing they have the comfort of being able to use end of trip facilities.

The promotion of a flexible working environment and encouragement of staff to work remotely have contributed to empowering staff to make the best travel decisions; either by travelling outside the peak hours or working from home.

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**About the Company:**

Industry:  
**Insurance**

Number of staff:  
**250**

Location:  
**2 Park Street,  
Sydney NSW 2000**

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